

Co-op Facilitator Guide

Welcome, facilitator

This guide walks you through running Future Her as a weekly co-op for 5–15 girls. Plan one 60-minute session per week, plus 10–15 minutes of at-home work.

Weekly 60-minute format

- 0–10 min • Warm-up circle: each girl shares a one-line win.
- 10–25 min • Lesson video together (Foundations) or solo screens (Launch).
- 25–45 min • Hands-on activity — the lesson's artifact.
- 45–55 min • Share-out: 2–3 girls share their artifact; group reflects.
- 55–60 min • Close: one-word check-out + assign at-home reflection.

Group discussion tips

- Use the prompt printed in each lesson — don't improvise the question.
- Time-box every share to 90 seconds so quieter voices get airtime.
- Praise specifics ('the way you reframed the headline') over generalities ('good job').
- End every discussion with one open question the girls take home.

End-of-program celebration

- Plan a 90-minute showcase at the end of each program (every 6–8 weeks).
- Each girl presents one artifact (90 sec) to family + co-op.
- Print certificates from the Future Her certificate pack.
- Optional: invite a local guest (entrepreneur, journalist, librarian).

Portfolio guidance

Keep a 3-ring binder per girl with: cover page, weekly workbook pages, printed artifacts, and a quarterly report. The binder IS the portfolio at evaluation time.